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A Systematic Review on the Predominant Renu R*, Ramani P, Natesan A, **Apoptotic Pathway Involved in the Pathogenesis of Pemphigus Vulgaris**

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Abstract

Background: Pemphigus Vulgaris (PV) is a potentially life-threatening autoimmune disease targeting the skin and mucous membranes, characterized by apoptolysis novel archetype of keratinocyte damage. This links the suprabasal acantholytic and cell death pathways to basal cell shrinkage rendering a 'tombstone' appearance to these lesions. Comprehending the acantholytic pathways leading to the blistering in PV is a key to development of novel treatments.

Objective: The objective of this systematic review is to determine predominant apoptotic pathway involved in the pathogenesis of Pemphigus vulgaris and if it plays a crucial role in yet another pathogenic mechanism-apoptolysis.

Methods: Articles were searched in PUBMED, EMBASE, MEDLINE and a thorough Google search was done. Hand search of Journals were also performed. The Articles were reviewed and analysed.

Results: Out of 25 potentially relevant articles, 5 were excluded on the grounds of exclusion criteria, and 6 were excluded being review articles. However 2 articles among these were included by internet search and hand search. Of the total 14 relevant articles reviewed, the resulting data were collected and tabulated.

Conclusion: The inference drawn from this systematic review is that the predominant apoptotic pathway involved in the pathogenesis of pemphigus vulgaris is the extrinsic pathway (86% of the reviewed studies). Evaluating factors involved in both intrinsic and extrinsic apoptotic pathways in the same study might provide an insight into the Apoptotic mechanism in pemphigus vulgaris giving a breakthrough for better targeted therapeutic modalities for the same.

Keywords: Pemphigus Vulgaris (PV); Apoptosis; Acantholysis; Apoptolysis; Inflammatory mediators

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Introduction

Pemphigus Vulgaris (PV) is a life-threatening autoimmune mucocutaneous blistering disease associated with IgG antibodies targeting several types of keratinocyte antigens and eliciting epidermal clefting (acantholysis) via intracellular signalling activating apoptotic enzymes (apoptolysis) [1]. It is a relatively rare disease with an incidence of 1-3.5 cases per 100,000 individuals showing an increased frequency among the middle aged individuals [2].

The stratified squamous epithelium of the oral cavity expresses

largely Dsg3 (skin expresses Dsg1 as well as Dsg3) and therefore in PV mainly IgG antibodies are deposited intercellulary directing against these extracellular domains particularly of Dsg3 [3], where the oral lesions appear at an early stage. Development of Dsg1 antibodies in PV correlates with disease progression [4], and the appearance of antibodies against Dsg1 heralds involvement of skin and mucosae other than oral mucosa [5-7].

Various mechanisms have been proposed to describe the role of pemphigus autoantibodies in disruption of keratinocyte adhesion. The suggestion that the IgG inhibited Tran's interactions of desmosome adhesion proteins across the adhesive interface,

a mechanism known as the steric hindrance hypothesis was proposed based on the observation that pemphigus IgG were directed against the desmosomal cadherins dsg-1 and dsg-3. Alternative hypotheses explained was the intracellular signaling that leads to loss of adhesion, antibody induction of keratinocyte apoptosis [8], and the third being depletion of cell surface Dsg3 by its internalisation.

Apoptosis or programmed cell death is a normal component of the development and health of any organism. Apoptosis is characterized by a number of well recognized cytological and biochemical features including

- Nuclear condensation;
- · Activation of caspase cysteine proteinases;
- DNA fragmentation at regular intervals resulting in DNA laddering;
- · Cell shrinkage; and
- Membrane blebbing [8].

The process of apoptosis may be divided into an initiation phase and an execution phase. Initiation of apoptosis occurs principally by signals from two distinct pathways-the intrinsic, or mitochondrial, pathway, and the extrinsic, or death receptor-initiated, pathway [9,10].

Intrinsic pathway of apoptosis is the result of increased mitochondrial permeability and release of pro-apoptotic molecules (death inducers) into the cytoplasm [10]. When cells are deprived of survival signals or their DNA is damaged, or misfolded proteins induce ER stress, sensors of damage or stress are activated¹³. These sensors are also members of the Bcl family, and they include proteins called Bim, Bid, and Bad that contain a single "Bcl-2 homology domain" (the third of the four such domains present in Bcl-2) and are called "BH3-only proteins [11-13]. These sensors in turn activate two critical (proapoptotic) effectors, Bax and Bak, which form oligomers and insert into the mitochondrial membrane thus creating channels that allow proteins from the inner mitochondrial membrane to leak out into the cytoplasm. BH3-only proteins may also bind to and block the function of Bcl-2 and Bcl-x. At the same time, there is a decline in the synthesis of Bcl-2 and Bcl-x [13]. The result of Bax-Bak activation coupled with loss of the protective functions of the anti-apoptotic Bcl family members thereby results in the release of the mitochondrial proteins into the cytoplasm that can activate the caspase cascade. Once released into the cytosol, cytochrome c binds to a protein called Apaf-1 (apoptosis-activating factor-1, homologous to Ced-4 in Caenorhabditis elegans), which forms a wheel-like hexamer that has been called the apoptosome [12]. This complex binds to caspase-9, the critical initiator caspase of the mitochondrial pathway. This thereby initiates the executioner caspases 3, 6 and activates the endonucleases thus breaking down the cytoskeleton.

The extrinsic pathway is initiated by engagement of plasma membrane death receptors on a variety of cells [14-16]. The TNF receptor family contains the death receptors and contains a cytoplasmic domain involved in protein-protein interactions that is called the *death domain* because it is essential for delivering apoptotic signals. The commonly known death receptors are the type 1 TNF receptor (TNFR1) and a related protein called Fas (CD95). The ligand for Fas is called Fas ligand (FasL). When FasL binds to Fas, three or more molecules of Fas are brought together, and their cytoplasmic death domains form a binding site for an adapter protein that also contains a death domain and is called FADD (Fas-associated death domain) [13]. FADD binds an inactive form of caspase-8 (and, in humans, caspase-10), via a death domain where multiple pro-caspase-8 molecules are thus brought into proximity cleaving one another to generate active caspase-8. The recruitment of executioner caspases leads to activation of endonucleases and breaking down of the cytoskeleton.

Apoptosis has been proposed to have a role in the mechanism by which pemphigus IgG induce acantholysis [17,18]. Induction of proapoptotic proteins by pemphigus IgG may be

- Part of the mechanism by which sera and IgG induce acantholysis.
- A consequence of loss of adhesion and a result of acantholysis.

The data presented by Pretel et al. taken together with a bulk of *in vitro* and *in vivo* results reported in the literature, establish a novel paradigm where PVIgG signalling links the suprabasal acantholytic and apoptotic pathways to basal cell shrinkage [19]. The fundamental difference of apoptosis in PV in comparison to Stevens-Johnson syndrome (SJS) and Toxic Epidermal Necrolysis (TEN) is that basal cells shrink but do not die, rendering a 'tombstone' appearance to the basal layer. Therefore, a new term was required to distinguish the unique paradigm of cell damage and detachment in PV from other known forms of cell death [8]. This was termed as apoptolysis [8]. The landmark article in the understanding of pathogenesis of pemphigus was published in 1964, which demonstrated the presence of antiskin antibodies in the sera of pemphigus patients by indirect immunofluorescence staining [7].

Apoptolysis includes five consecutive steps [8]:

- Binding of autoantibodies to PV antigens.
- Activation of EGF receptor, Src, mTOR, p38 MAPK and other signalling elements downstream of ligated antigens, elevation of intracellular calcium and launching of the cell death cascades.
- · Basal cell shrinkage.
- Massive cleavage of cellular proteins by activated cell death enzymes leading to cell collapse, and tearing off desmosomes from the cell membrane stimulating secondary autoantibody production.
- Rounding up and death of acantholytic cells [8].

Ambiguity still persists in establishing if apoptosis precedes acantholysis or if it succeeds the same, both being mediated by the same death enzymes. This review aims at reviewing the existing literature to arbitrate the apoptotic pathway that holds the rein in the pathogenesis of pemphigus vulgaris.

Materials and Methods

Search strategy for identification of studies

The search strategy was in accordance with the Cochrane guidelines for systematic reviews. Articles relevant to the search strategy were identified from search data bases of PUBMED, MEDLINE till the year 2014. Due to the limitation of studies on the apoptotic pathways in pemphigus vulgaris, we wished to exhaust all the possible articles; therefore a timeline was not included in the search. The article search included only those published in the English literature. An internet search was also done to obtain the relevant articles of our interest. The title of the articles and abstracts were reviewed. The full text of selected articles were retrieved and further analysed.

Search methodology

The search methodology applied in PUBMED was using the following keywords: Search [(pemphigus vulgaris) OR autoimmune skin blistering disease) OR intraepithelial skin blistering disease) OR skin blistering disease) NOT sub-epithelial skin blistering disease)] AND [(apoptosis) OR apoptotic pathways) OR intrinsic apoptotic pathway) OR extrinsic apoptotic pathways) OR apoptotic mechanism) OR intrinsic apoptotic mechanism) OR extrinsic apoptotic mechanism) OR TNF-alpha) OR Death associated receptors) OR DISC complex) OR DR3) OR DR4) OR DR5) OR TRAIL) OR TNFR1) OR TNFR2) OR Anti mitochondrial autoantibodies) OR cytochrome c) OR caspases) OR IL-6)] (Table 1).

In addition, an internet search was also done using the key words "Apoptotic mechanisms" or "intrinsic or extrinsic apoptotic pathways" and "pemphigus vulgaris".

Selection of studies

Inclusion criteria

Original studies on mediators of intrinsic or extrinsic pathway of apoptosis in pemphigus vulgaris group of lesions.

- Ex-vivo studies.
- Studies where the samples are obtained from the patients manifesting the disease in active or remission state.
- Studies where the clinical manifestation of the disease includes cutaneous or mucocutaneous or oral manifestations.
- Studies where the patients diagnosis was confirmed with histopathology or immunoflourescence techniques.
- Studies performed using PCR, ELISA, immunoblotting techniques, TUNEL analysis, FACS, Extracellular flux measurement.
- Studies in English literature were included.

Exclusion criteria

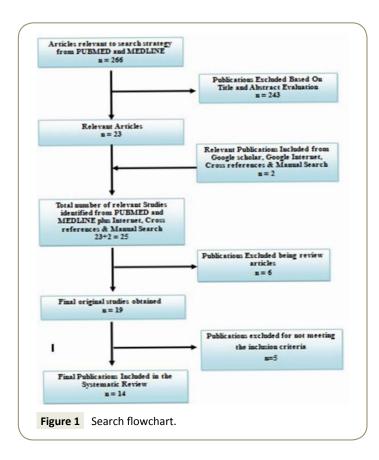
- Studies where the signalling events in apoptosis were analysed without establishing the type of apoptosis.
- Studies on other pemphigus variants were excluded.
- Studies on genetic polymorphism.
- Studies that did not specify sample size.
- · Review articles.
- · Articles that were retracted.
- Studies which were based on the geographical areas.

Data extraction

Once the articles to be reviewed were finalized, data was extracted from each article, tabulated and was verified and interpreted (Figure 1).

Table 1 Search methodology.

Search	Search Methodology	Result
#9	Search (pemphigus vulgaris OR autoimmune skin blistering disease) OR (intraepithelial skin blistering disease OR skin blistering disease) NOT sub-epithelial skin blistering disease AND (apoptosis OR apoptotic pathways) OR (intrinsic apoptotic pathways) OR (extrinsic apoptotic pathways) OR apoptotic mechanism) OR (intrinsic apoptotic mechanism OR extrinsic apoptotic mechanism) OR (TNF-alpha OR Death associated receptors) OR (DISC complex OR DR3) OR (DR4 OR DR5) OR (TRAIL OR TNFR1) OR (TNFR2 OR Anti mitochondrial autoantibodies) OR (cytochrome c OR caspases) OR (IL-6)	266
#8	Search ((pemphigus vulgaris) OR autoimmune skin blistering disease) OR (intraepithelial skin blistering disease) OR (skin blistering disease) NOT sub-epithelial skin blistering disease	10069
#7	Search (apoptosis OR apoptotic pathways OR intrinsic apoptotic pathway OR extrinsic apoptotic pathways OR apoptotic mechanism OR intrinsic apoptotic mechanism OR TNF-alpha OR Death associated receptors OR DISC complex OR DR3 OR DR4 OR DR5 OR Trail OR TNFR1 OR TNFR2 OR Anti mitochondrial autoantibodies OR cytochrome c OR caspases OR IL-6)	521768
#5	Search skin blistering disease	2002
#4	Search sub-epithelial skin blistering disease	31
#3	Search intraepithelial skin blistering disease	11
#2	Search autoimmune skin blistering disease	745
#1	Search pemphigus vulgaris	8603



Outcomes

The outcomes assessed in this review examined and analysed the apoptotic pathways-intrinsic or extrinsic pathway involved in the Apoptolysis involved in pemphigus vulgaris disease process.

Results

Methods of review

The selection and exclusion of the reviewed studies are summarised in **Figure 1**. The search strategy identified fourteen studies that determine various pathways in the apoptotic mechanism, now termed apoptolysis in the pathogenesis of pemphigus vulgaris a skin blistering lesion. The description of the individual studies is shown in **Table 2**, and that of the excluded studies in **Table 3**. Tabulations have also been done to categorize the studies on the basis of the changes in the levels of the predominant variables that play a role in the apoptotic pathways involved in the same. Apart from the fore mentioned tabulations to increase the resolution of this systematic review, categorisation of the studies were done in order to show the denouement of therapy to the changes in the levels of the variables of interest to establish their role in the pathogenesis **(Table 4)**.

Included studies

All the included studies have studied the various mechanisms in the pathogenesis of pemphigus vulgaris, an autoimmune skin blistering disease. Twelve of the studies have assessed the involvement of extrinsic apoptotic pathway via Death Inducing Signalling Complex (DISC) in the apoptotic mechanism in the

pathogenesis of pemphigus vulgaris. Two of the studies on the other hand have discussed about the role of intrinsic pathway involving the antimitochondrial autoantibodies by rendering a synergistic effect with the extrinsic pathway of apoptolysis in the pathogenesis of pemphigus vulgaris. Five of the included studies have shown the change in levels of the integral components playing a role in extrinsic and intrinsic apoptotic pathway involved pemphigus vulgaris' pathogenic mechanism post therapy thereby providing the evidence to establish the occurrence of the same.

Due to heterogeneity of the reviewed studies, a meta-analysis could not be performed. Yet a systematic review was conducted and the collected data were tabulated and analyzed.

Discussion and Conclusion

Pemphigus (from the Greek *pemphix*, meaning bubble or blister) is a mucocutaneous disease in other words an intraepidermal blistering autoimmune disease that is morphologically characterized by loss of cell-cell contact between neighbouring keratinocytes, referred to as acantholysis. PV is associated with autoantibodies against the transmembranous desmosome cadherins desmogleins Dsg 3 and Dsg 1 [20].

Although there is a fairly broad consensus that apoptosis can be observed in pemphigus IgG induced disease processes, there remains an ongoing discussion about whether apoptosis is a (i) cause (ii) result (iii) "by-product" of acantholysis [8]. Similar to anoikis which is a special form of apoptosis of epithelial cells triggered when cells become detached from its substructure it would be straightforward to consider apoptosis as a consequence of acantholysis [8]. The main adhesive forces between cells in the suprabasal layers of the epidermis are adherens junctions and desmosomes therefore; anoikis seems to be unlikely to be important in pemphigus [8].

As early as 1994, Sayama et al., and later other groups, reported upregulation of soluble Fas ligand in either PV patient sera and, or skin, suggesting that apoptosis in the target organ skin is triggered via the Fas/FasL system [17,21-23]. Several authors also noted the presence of the inflammatory cytokines TNF- α , IFN- γ , and IL-1 in the lesion exudates, which led them to suggest that inflammatory mediators could contribute to the induction of apoptosis in pemphigus [8]. Similarly, Pacheco et al. suggested that CD8+FasL+ lymphocytes in pemphigus skin may have a role in inducing apoptosis [22].

This systematic review aims at understanding the predominant apoptotic pathway that is involved in the apoptotic process in the pathogenesis of pemphigus vulgaris. Analysis of the result from the studies reviewed from **Figure 2** showed 86% of the studies involved in the review favouring for exclusively for extrinsic pathway whereas, 7% preferred involvement of exclusively intrinsic pathway, however 7% backed for the coexistence of intrinsic along with the extrinsic pathway.

The extrinsic pathway acts through the death receptors that are the cell surface receptors which transmit apoptotic signals initiated by specific ligands such as Fas ligand, TNF alpha and TRAIL via the generation of ceramide, typically produced by

Table 2 Description of included studies.

Inference on the Pathway Involved	Extrinsic apoptotic pathway	Extrinsic apoptotic pathway
Terminology used for the Mechanism Involved	Apoptosis Acantholysis	Apoptosis Acantholysis
Inhibitory Effect on the Apoptotic Factors	Not Studied	Not Studied
Result of Therapy	Levels of TNF-α and IL-6 decreased post therapy	Not Studied
Results	 Significant increase in TNF α levels and IL 6 in a coordinated fashion with significant correlation (p<0.001) (r=0.84). After efficient therapy the IL 6 and TNF α values decreased considerably (P<0.01) Blister fluid presented higher cytokines concentration than sera for IL β, IL 2, IL 4, IL 6, IL 10, TNF α. No much significant change in the levels of the other cytokines. 	 Patients with PV higher levels of ICAM-1 in blister fluid. No significant changes in ICAM and ELAM-1 in blister fluid and serum. TNF α and IL 6 significantly high in serum and blister fluid.
Parameters Evaluated	13 Different cytokines were assessed. 1 L 1β 1 L 2 1 L 4 1 L 6 1 L 7 1 L 8 1 L 10 1 L 11 1 L 12	• ICAM-1 • ELAM-1 • TNF α • IL 6
Method of Study	ELISA	ELISA
Samples Obtained	Patient sera healthy volunteer sera Blister fluid	PV patient sera Sera from HZ patients Blister fluid
Patient Age/ Gender	18M, 7F, 30-76 years (Mean range of 54 years). 3 patients presented with only mucosal involvement. The patients presented median number of lesions, N=7 (Range 1-52). Controls were 14 M and 6 F,31-78 years (mean range50years)	
Sample Size	25 patients with PV,20 healthy volunteers	12 PV patients, control 7 patients with HZ.
Year	1997	1999
Author Year	D'Auria et al. [32]	Alecu et al. [34]
S. A.	1	2

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Extrinsic apoptotic pathway	Extrinsic apoptotic pathway	Extrinsic apoptotic pathway
Apoptosis Acantholysis	Apoptosis Acantholysis	Apoptosis Acantholysis
	Apo	Apop
ICE-/- and IL-1β-/- andTNFR1R3- /-deficient mice showed decreased susceptibility to disease via passive transfer of pemphigus	Not Studied	Not Studied
Not Studied	Decrease in levels of sFas post therapy.	Possibility of double anti-lesional strategy using caspase inhibitors, Fas blocking antibodies or modified FasL antagonists may help in allowing decrease or alleviation in the use of immunodepressants.
• Presence of IL α and TNF α in lesional and perilesional areas. Confirmed by overexpression of cytokines <i>in vivo</i> using PCR. • <i>In vitro</i> study was done and the result demonstrated the role of IL 1 α and TNF α m RNA in PV. Passive transfer studies also demonstrated the role of the role of cytokines in PV.	 Elevated levels of FasL in untreated PV patients (p<0.01) (n=4) (treated n=5,healthy controls n=5) Anti-Fas-L neutralising antibodies inhibited pemphigus sera induced keratinocyte apoptosis. (p<0.01) Inhibition of caspase 8 blocked pemphigus sera induced apoptosis in keratinocyte cell cultures. Corticosteroids reduce the FasL levels and work by the modulation of apoptotic process. 	Established the existence of apoptosis in PV lesion Elevated levels of FasR and FasL i.e. the DISC complex. Intracellular accumulation of p53 and Bax Death signalling pathway (DISC) complex upregulation and caspase activation by PVIgG.
• IL- 1α • TNF-α	• Fast levels	Apoptosis FasR FasL (DISC) Caspase 8 P53 Bax
• In situ immunolabelling • Reverse transcriptase – Polymerase Chain Reaction	• ELISA • TUNEL • Crystal violet staining • Western Blot Analysis	fragmentation assay TUNEL and propidium iodide staining FACS ELISA DOT BLOT Caspase activity assays Immunodetection of cellular antigens
Patient sera from PV patients Lesional and perilesional areas Keratinocyte culture (<i>in vitro</i> study) IL 1, TNF α knockout mice	Patient sera	Patient sera Samples from normal and lesional skin
19 patients with PV with recent disease onset.	36 patients with PV,8 healthy volunteers,23 patients with PV,13 with PF (2 groups, one with and other without steroidal therapy)	5 patients with PV in active phase
2000	2003	2004
Feliciani et al. [35]	Puviani et al. [21]	Wang et al. [17]
m	4	ιΛ

υ	U
Extrinsic apoptoti pathway	Extrinsic apoptoti pathway
pptosis	Apoptosis apoptotic Acantholysis pathway
A A Po	A A Aca
Not Studied Acantholysis pathway	Not Studied Acantholys
Post treatment no increase in the proapoptotic gene expressions. Increase in FLIP levels	Not Studied
• Upregulated levels of mRNAs of caspases 3 and 8, Fas-L by 15, 30, 35 times respectively in patients sera after therapeutic administration and 40, 30, 35 times prior to the therapy (p<0.05). • Post therapy significant increase in the genes coding for apoptosis inhibitor FLIP was observed (p<0.05). Western blot also showed significant increase in the same and also FasR and FLIP increase by more than 3 fold.	• Serum IL-6 concentration in PV active group and PV remission group was significantly higher when compared to the controls (p<0.05). • In patients in active stage of PV, a significant correlation between serum IL 1 and IL 6 concentrations were found (r _p =0.46, p<0.05) • A negative correlation between TNF-alpha levels and pemphigus antibodies titer in pemphigus remission group(r _s =-47303, p<0.02) • Suggestive of the role of IL-6 and TNF-alpha in the diseased state.
• Procaspases3 • Procaspases 8 • FasL • FasR	• IL- 1 • TNF-α
• RT-PCR • Western Blot Analysis • TUNEL	ELISA
Patient sera Cell culture Animal model neonatal mice	• Patient sera
30 PV patients sera, In vitro and In vivo experiments used 2 patients with active disease before and after IVIg therapy	43 patients with PV, 19 patients with active PV, 23 patients with clinical remission. 19 sera taken from healthy patients as control
2005	2008
Arredondo et al. [42]	Narbutt et al. [36]
φ	_

nsic totic way	Intrinsic apoptotic pathway and extrinsic apototic pathway
Extrinsic apoptotic pathway	Intrinsic apoptoti pathway and extrinsic apototic pathway
Apoptolysis	
Not Studied Not Studied	Absorption of antimitochondrial antibodies inhibited the ability of PVIgG to induce acantholysis in the monolayers of human KCs. • Reduced suprabasal acantholysis in the passive transfer model of PV in neonatal mouse Suggestive those PV patients develop antibodies that can find their way to mitochondria in KCs and recognise a versatile group of mitochondrial protein, contributing to keratinocyte detachment and skin blistering.
Not Studiec	Not Studied
Enhanced expression of analysed proinflammatory cytokines' mRNAs and uPAR mRNA due to the pathogenic activity of Dsg-3 autoantibodies.	Isolation of various antimitochondrial antibodies of molecular weight 25, 30, 35, 57, 60, 100 kDa (p<0.05). Their absorption abolished the ability of PVIGG to cause keratinocyte detachment <i>in vitro</i> and <i>in vivo</i> . • Elevation of cytochrome c levels. • Elevation of fast. levels (p<0.05). Synergistic action of intrinsic and extrinsic pathways.
Expression of Procaspases 3, Bax, Bcl-2,uPAR,IL- 1β,TNF-α mRNAs	Antimitochondrial antibodies Cytochrome c FasL Caspase 3,8,9
RT-PCR Western blot Confocal microscopy	assays
Patient sera Cell culture	Patient sera In vitro study. Animal models (mice)
Active stage=6 M,12 F Remission=7M,7F Relatives= 1M,4F	
Active stage disease n=18,clinical remission n=14,healthy relatives n=5,control donors n=7	6 patients with active lesion in oral mucosa and skin.
2010	2010
Narbutt et al. [37]	Marchenko et al. [42]
∞	o

Extrinsic apoptotic pathway	Extrinsic apoptotic pathway	Extrinsic apoptotic pathway	
Apoptolysis	Apoptolysis	Apoptolysis	
Not Studied Not Studied	Not Studied Not Studied	Not Studied	
Not Studied	Not Studied	Not Studied	
 Increase of apoptotic cells in dermis and epidermis of patients with PV along with activation of caspases-3. Increase in TNF-α in the skin of patients with PV. Phagocytic CD14+ cells increased in dermis of PV patients. 	• Statistically significant elevation in serum levels of TNF α in PV patients compared to PF and healthy volunteers (p<0.05). On followup of patients, 4 patients who HAD a bad disease outcome there was a significant increase in TNF α levels (p<0.05) with emotional stress acting as a factor to decrease the prognosis of the disease.	Patients with mucosal skin involment had higher median levels of sFas compared to the patients with cutaneous involvement. However there was an increase in the sFas level in patients with PV, showing its involvement in the pathogenesis of the same.	
 Apoptotic cells TNF-α Phagocytic infiltrate 	 Initial serum levels of TNF α Stress BSA Disease severity Disease outcome 	s Fas	
TUNEL	ELISA	Sandwich ELISA	
Lesional and perilesional areas	• Patient sera healthy volunteer sera	Blood samples (5 ml)	
,		6 female,4 male, median age of 50.5yrs	
5 active untreated patients	10 PV and 10 PF and 7 healthy matched controls	10 patients newly diagnosed with PV (2 mucosal 2011 variant, 5 mucocutaneous variant, 3 cutaneous	
2011	2011	2011	
Chiapa et al. [31]	Ragab et al. [33]	Moravvej et al. [39]	
10	11	12	

Extrinsic apoptotic pathway	tIntrinsic apoptotic pathway
Extrinsic Apoptolysis apoptotic pathway	tintrinsic Apoptolysis apoptotic pathway
CD8-/-mice showed 44% disease susseptinlity compared to controls who had 72% susceptibility	Not Studied
Not Studied	Highest efficacy of mitochondrial protection of the combination of minocycline, nicotinamide, cyclosporine A observed in mitochondrial assay was consistent with the ability of this combination to almost completely abolish acantholysis in mice
e CD3+detected in the dermis, epidermis, with perivascular distribution (32.8 ± 1.6). CD4+superficial and papillary dermis with perivascular distribution(7.9 ± 2.8) In basal and suprabasal layers near dermalepidermal junction (4.2 ± 1.2). CD8+cells in perivascular areas of dermal lesional skin (14.2 ± 1.6). CD4/CD8=2.7 Control mice developed PV lesions knockout mice were resistant showing CD8+cells plays a role in pathogenesis of PV. Cd8+Tcells mediate immunity in part through the granzymes or inducing apoptosis via the Fas/FasL ligand system through activation of caspases	 Antigen specific mtAbs revealed in proteomic study, with deleterious effect of PV sera on mitochondrial 0₂ respiration in KCs (p<0.0001) Loss of Mitochondrial Δψ_m (p<0.0001) Increase in intracellular ROS. Mitochondria protecting drugs reduce the deleterious effects of PVIgG.
• CD3+ Cells • CD4+Cells	Mitochondrial O ₂ respiration. Mitochondrial Δψ _m using JC-1 dye. Intracellular ROS measurement.
Direct immunofluorescence Indirect Immunofluorescence Immunohistochemistry	Extracellular flux measurement. Flow cytometry analysis
Lesional and perilesional skin of the patients with PV Patient sera Lesional sites from the mice affected with PV using PVIgG.	Patient sera Animal study (mice)
7 pemphigus vulgaris patients, CD·/ mice	6 PV patients,6 healthy donors
a 2013	2013
Giurdanella et al. [38]	Kalantari et al. [40]
13	14

Table 3 Description of excluded studies.

S No	Citation	Reasons for Exclusion
1.	Kouno M, Lin C, Schechter NM, Siegel D, Yang X, et al.	
2.	Torzecka JD, Narbutt J, Sysa- Jedrzejowska A, Borowiec M, Ptasinska A, et al.	Does not satisfy our inclusion criteria. Pemphigus group of patients' genomic DNA was extracted from peripheral blood cells, not exclusively from PV group of individuals
3.	Wang X, Brégégère F, Soroka Y, Frusic- Zlotkin M, Milner Y	No patient sample size was mentioned. Although Fas-FasL pathway is its correlation with senescent cells was described
4.	Pelacho B, Natal C, España A, Sánchez- Carpintero I, Iraburu MJ, et al.	Does not satisfy our inclusion criteria. Only mention about existence of apoptosis. No mention on the mechanism involved is given
5.	Schmidt E, Gutberlet J, Siegmund D, Berg D, Wajant H, et al.	Study done or establishing if apoptosis is required or not for acantholysis in PV. No mention on the prevalent apoptotic pathway in apoptosis involved in PV

Table 4 Variables of interest.

S. No.	Variables
1	TNF-α
2	Fas-FasL
3	IL-6
4	IL-1
5	Fas-R
6	Procaspases-3,8
7	Anti-mitochondrial antibodies
8	Cytochrome-c
9	Caspase 3,8,9
10	Mitochondrial O ₂ respiration
11	Mitochondrial $\Delta \psi_{_{m}}$
12	Intracellular ROS
13	Procaspases 3,Bax, Bcl-2,uPAR,IL-1β,TNF-α mRNAs
14	CD3+
15	CD4+
16	CD8+
17	ICAM-1
18	ELAM-1
19	IL-1β,2,4,7,6,8,10
20	IFNγ
21	TGF-β
22	Stress, BSA

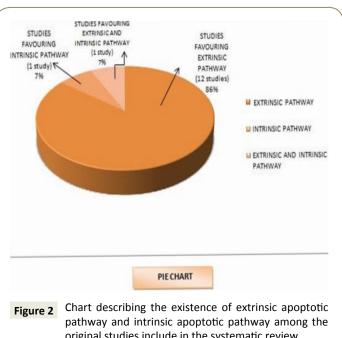
acid sphingomyelinase through the activation a caspase cascade within seconds of ligand binding leading to a rapid induction of apoptosis [24].

TNF- α is produced by T-cells and activated macrophages in response to infection can show various effects on cells one being induction of apoptosis by activating its receptor, TNFR1. Binding of TNF alpha to TNFR1 results in receptor trimerisation and binding of an intracellular adapter molecule called TRADD (TNFR- associated death domain) thereby activating the extrinsic pathway of apoptosis [24]. Binding of TRAIL (TNF-related apoptosis inducing ligand) to its receptors DR4 or DR5 triggers rapid apoptosis in many cells [24-30].

The studies by Chiapa et al., showed that TNF- α was present in the skin of patients with PV within the dermis. In vitro studies were also done proving that accumulation of apoptotic cells in PV could promote TNF- α production by monocytes, causing apoptosis closing the vicious cycle and suggesting the role of the

extrinsic pathway [31]. Similar studies on the levels of cytokines in the sera of the patients with PV by D'Auria et al. showed significant increase in the levels of IL-6 and TNF- α . Furthermore, after administration of corticosteroids therapy revealed a decrease in the levels of the same. Also there was a significant correlation between the lesional manifestation and the levels of TNF- α and IL-6 [32]. Ragab et al. evaluated of the levels of TNF- α in the sera of patients with PV in which they noted a positive correlation between the levels of TNF- α and stress in the initial weeks of the disease, among those who had a bad disease outcome showing the downstream apoptosis by the extrinsic pathway [33]. Also Alecu et al. in 1999 showed elevated ICAM-1, ELAM-1, TNF- α , IL-6 levels in both serum and blister liquid of patients with PV (Tables 5-8) [34].

Studies by Feliciani et al. in 2000 on the in vitro and in vivo expression of IL-1 α , TNF- α mRNA in patients with PV showed overexpression of the same in the patients and sand blocking these expressions also revealed a decrease in the disease activity in animal models which indicated potential involvement by activating the extrinsic pathway of apoptosis [35]. Narbutt et al.



original studies include in the systematic review.

Table 5 Studies on the role of TNF- α .

Role of TNF-α				
S. No.	Author	Year	Inference	Result
1	D'Auria et al. [32]	1997	Elevated levels of TNF- α	Significant role of TNF-α
2	Alecu et al. [34]	1999	Elevated levels of TNF- α	Significant role of TNF-α
3	Feliciani et al. [35]	2000	Elevated levels of TNF- α	Significant role of TNF-α
4	Narbutt et al. [36]	2008	Elevated levels of TNF- α	Significant role of TNF-α
5	Narbutt et al. [37]	2010	Elevated levels of TNF- α	Significant role of TNF-α
6	Chiappa et al. [31]	2011	Elevated levels of TNF- α	Significant role of TNF-α
7	Ragab et al. [33]	2011	Elevated levels of TNF- α	Significant role of TNF-α

Table 6 Studies favoring the involvement of extrinsic pathway.

S. No.	Author and Year	Inference
1	D'Auria et al. [32]	Extrinsic Pathway
2	Ragab et al. [33]	Extrinsic Pathway
3	Alecu et al. [34]	Extrinsic Pathway
4	Feliciani et al. [35]	Extrinsic Pathway
5	Puviani et al. [21]	Extrinsic Pathway
6	Wang et al. [17]	Extrinsic Pathway
7	Arredondo et al. [42]	Extrinsic Pathway
8	Narbutt et al. [36]	Extrinsic Pathway
9	Narbutt et al. [37]	Extrinsic Pathway
10	Moravvej et al. [39]	Extrinsic Pathway
11	Chiapa et al. [31]	Extrinsic Pathway
12	Giurdanella et al. [38]	Extrinsic Pathway

 Table 7 Studies analysing the levels of variables post therapy.

S. No.	Author and Year	Results	Inference
1	D'Auria et al. [32]	Levels of TNF-α and IL-6 decreased post therapy	Extrinsic pathway
2	Puviani et al. [33]	Decrease in levels of sFas post therapy	Extrinsic pathway
3	Wang et al. [17]	Levels of Fas-FasL decreased post therapy	Extrinsic pathway
4	Marchenko et al. [42]	Post treatment no increase in the proapoptotic gene expressions. Increase in FLIP levels	Extrinsic pathway
5	Kalantari et al. [40]	Highest efficacy of mitochondrial protection of the combination of minocycline, nicotinamide, cyclosporine A and the ability of this combination to almost completely abolish acantholysis in mice	Intrinsic pathway

Table 8 Levels of evidence for included studies.

S. No.	Author	Study Method	Levels of Evidence
1	Chiapa et al. [31]	Descriptive study	2b*
2	D'Auria et al. [32]	Case control study	2c*
3	Ragab et al. [33]	Case control study	2c*
4	Alecu et al. [34]	Case control study	2c*
5	Feliciani et al. [35]	Descriptive study	2b*
6	Narbutt et al. [36]	Case control study	2c*
7	Giurdanella et al. [38]	Case control study	2c*
8	Wang et al. [17]	Case control study	2c*
9	Moravvej et al. [39]	Descriptive study	2b*
10	Puviani et al. [21]	Case control study	2c*
11	Narbutt et al. [37]	Case control study	2c*
12	Arredondo et al. [42]	Descriptive study	2b*
13	Marchenko et al. [42]	Descriptive study	2b*
14	Puviani et al. [21]	Case control study	2c*

^{*}Oxford Centre for Evidence-Based Medicine Levels of Evidence (March 2009)

in 2008 on the estimation of serum concentration of IL-6 shows an increased concentration in both active and remission stages, and also shows a negative correlation between the TNF- α levels among the active and diseased state individuals. This expression of TNF- α expression highlights the role of extrinsic pathway of apoptosis in PV [36]. Another study done by the same author in 2010 on the pathogenic activity of circulating anti-desmoglein autoantibodies reveals increase in the levels of TNF- α mRNA in HaCaT keratinocytes again demonstrative of the apoptotic mechanism involved via the extrinsic pathway [37]. **Figure 3** shows that 39% of the studies that are included in our systematic review have used TNF- α as a variable to show its elevated levels in the study group thereby substantiating the role of extrinsic pathway of apoptosis in patients affected with pemphigus vulgaris.

Binding of the ligand Fas (FasL or CD95L) promotes receptor clustering, DISC formation and the activation of the caspase cascade via the extrinsic pathway. Interferon-γ (IFN-γ) induces caspase-8, sensitizing them to death receptor mediated apoptosis by increasing the cellular sensitivity to apoptosis by up-regulating expression of Fas and Fas ligand or by promoting

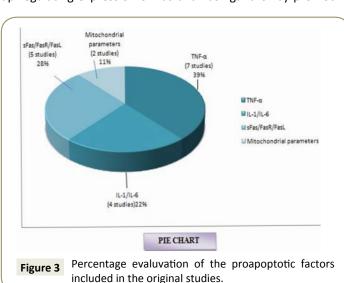


Table 9 Studies on the role of II-1 or II-6.

surface expression of a TNF-γ receptor on tumor cells via JAK/ STAT pathway [25-29]. A membrane-bound molecule, the Fas ligand, expressed by CD8 [38], and some CD4 T cells, is also capable of inducing apoptosis by binding to Fas expressed by some target cells [30].

Furthermore studies done by Wang et al. revealed the involvement of death signalling pathways via Fas-FasL mediators alone or in combination with IFN-y, thereby heading towards the role of extrinsic pathway of apoptosis in the pathogenesis of pemphigus vulgaris [17]. Moravvej et al. also revealed elevation in the soluble Fas levels that proving that; extrinsic apoptotic pathway is involved in pathogenesis of PV [39]. Studies by Mario et al. respectively revealed an increase in the levels of Fas ligand in the antibodies of patients with PV and upregulation of Fas-L mRNA respectively, thereby being suggestive of the role of extrinsic pathway in the apoptotic mechanism behind the pathogenesis of PV [21]. Figure 3 gives a representation of the percentage of studies using sFas/FasR/Fas-FasL, IL-1 or IL-6 as a variable included in this systematic review to be 28% and 22% respectively. Giurdanella et al. in 2013 on the possible role of CD8+T Lymphocytes in cell mediated pathogenesis of PV revealed an expression of CD4+, CD8+ T-Lymphocytes showing the possible role of apoptosis by initiating the Fas-FasL pathway i.e., the extrinsic pathway (Tables 9 and 10).

Mitochondria plays an important role in the regulation of cell death since they contain many pro-apoptotic proteins such as Apoptosis Inducing Factor (AIF), Smac/DIABLO and cytochrome C which are released from the mitochondria following the formation of a pore in the mitochondrial membrane called the Permeability Transition pore, or PT pore further leading to apoptosis through the activation of the caspase cascade. In the uninvolved skin of PV patients, edema and swelling of mitochondria with destruction of their cristae were observed, suggesting that mitochondrial damage precedes blister formation (Table 11).

Mina et al. suggested that mitochondrial antibodies contribute to the pathogenesis of pemphigus vulgaris by showing that PV antibodies altered the O_2 respiration, disrupted electron transfer chain and increased the reactive oxygen species. The efficacy of

	Role of IL-1 or IL-6					
S. No.	Author	Year	Inference	Results		
1.	D'Auria et al. [32]	1997	Elevated role of IL-1β,IL-6	Significant role of IL-1β,IL-6		
2.	Alecu et al. [34]	1999	Elevated role of IL-6	Significant role of IL-6		
3.	Feliciani et al. [35]	2000	Elevated role of IL-1α	Significant role of IL-1α		
4.	Narbutt et al. [36]	2008	Elevated role of IL-1,IL-6	Significant role of IL-1,IL-6		

Table 10 Studies on the role of sFas/FasR/FasL.

Role of sFas/Fas-FasL					
S. No.	Author	Year	Inference	Results	
1.	Puviani et al. [21]	2003	Elevated levels of FasL	Significant role of FasL	
2.	Wang et al. [17]	2004	Elevated FasR-FasL (DISC)	Significant role of FasR-FasL (DISC)	
3.	Markenko et al. [42]	2005	Elevated levels of FasL, FasR	Significant role of FasL, FasR	
4.	Markenko et al. [42]	2010	Elevated levels of FasL	Significant role of FasL	
5.	Moravvej et al. [39]	2011	Elevated levels of sFas	Significant role of sFas	

mitochondria protecting drugs on the mitochondria were also proved by the ability of the drug combination (nicotinamide, minocycline, cyclosporine A)to abolish acantholysis in animal model thereby formulating a novel approach to development of personalised nonhormonal therapies of patients with potentially lethal autoimmune blistering disease [40,41]. Marchenko et al. in 2010 showed experiments revealed penetration of PVIgG into the subcellular mitochondrial fraction. The antimitochondrial antibodies from different PV patients recognized distinct combinations of antigens with apparent molecular sizes of 25, 30, 35, 57, 60, and 100 kDa. **Figure 3** is a representation of the percentage of studies conducted on intrinsic apoptotic factors and shows that 11% of the review articles are suggestive of the same **(Tables 12 and 13)** [42].

Studies on these pathways conclude that the signaling pathways triggered by autoantibodies in PV vary from patient to patient because a unique composition of the pool of autoantibodies apparently determines the preferential signaling pathways downstream of targeted self-antigens. Development of a new treatment of PV patients should be directed toward interruption of the key signaling events triggering apoptolysis [42,43].

Therefore apoptolysis relies upon a synergistic action of autoantibodies to several types of self-antigens, including adhesion molecules, mitochondrial proteins, other putative keratinocyte self-antigens like acetylcholine receptors, as well as serum and tissue factors, such as FasL, tumor necrosis factor α , cytokines, serine proteases, and nitric oxide. These autoantibodies synergise with the proapoptotic serum and tissue

factors to trigger both intrinsic and extrinsic pathways of cell death and break the epithelial cohesion, leading to blisters [42]. The antimitochondrial antibodies in PV patients were predicted by a 'multiple hit hypothesis [41]. By acting altogether, these factors become able to overcome the natural resistance and activate both the extrinsic and the intrinsic cell death pathways in KCs [42].

From **Figure 4** it is therefore evident that undoubtedly there is an involvement of extrinsic pathway (86%) in apoptotic process of PV from the original studies that are included in this systematic review. Recent experiments are also demonstrative of the role of intrinsic pathway also in the pathogenic process (7% shows the role of both extrinsic and intrinsic pathway, 7% shows exclusive involvement of intrinsic pathway). **Figures 3 and 5** represent the number of studies included in this review to represent the various proapoptotic factors in PV and their percentage evaluation.

Studies have been performed to shed light on the mechanism of therapeutic action of minocycline and nicotinamide, which have been empirically shown to be effective steroid-sparing agents in PV, as well as of the professional immunosuppressor cyclosporine A in preventing the skin blistering induced by PvIgG. Figures 6 and 7 shows the number of articles studied included in this systematic review correlating the disease outcome and levels of antiapoptotic factors (Figure 6) and change in the levels of apoptotic factors to therapy respectively (Figure 5). The combination of drugs most effectively protected mitochondrial respiration equally effectively antagonized the disease-causing activity of PVIgG in animal model. Thus, their synergistic potential is yet to be fully explored.

Table 11 Studies on the role of antimitochonrial antibodies, cytochrome c, mitochondrial parameters.

Role of Antimitochonrial Antibodies, Cytochrome C, Mitochondrial Parameters					
S. No.	Author	Year	Inference	Results	
1	Markenko et al. [42]	2010	Elevated levels of antimitochondrial antibodies, cytochrome c	Significant role of antimitochondrial antibodies, cytochrome c	
2	Kalantari et al. [21]	2013	Elevated levels of intracellular ROS, Loss of Mitochondrial $\Delta\psi_{m,}$ Elevated levels of anti-mitochondrial antibodies with deleterious effect on the mitochondrial O_2 respiration in KCs	Significant role of antimitochondrial antibodies	

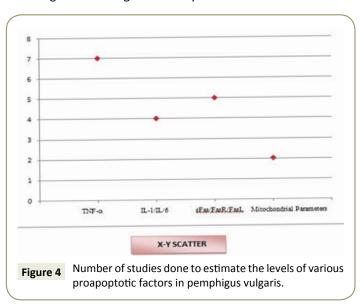
Table 12 Studies favoring the involvement of intrinsic and extrinsic pathway.

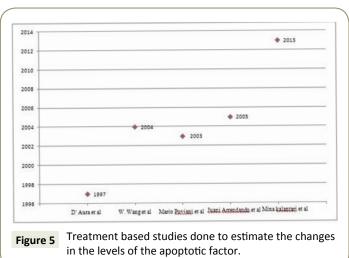
S. No.	Author and Year	Inference	
1.	Marchenko et al. [42]	Intrinsic and extrinsic pathway	

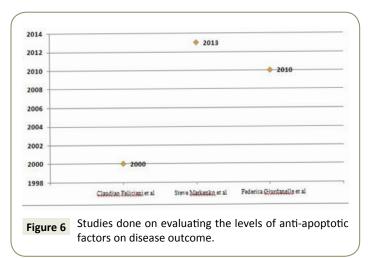
Table 13 Studies analysing the levels of variables post therapy.

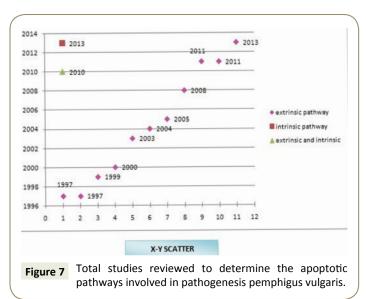
S. No.	Author and Year	Results	Inference
1.	D'Auria et al. [32]	Levels of TNF- α and IL-6 decreased post therapy	Extrinsic pathway
2.	Puviani et al. [21]	Decrease in levels of sFas post therapy.	Extrinsic pathway
3.	Wang et al. [17]	Levels of Fas-FasL decreased post therapy	Extrinsic pathway
4.	Marchenko et al. [42]	Post treatment no increase in the proapoptotic gene expressions. Increase in FLIP levels	Extrinsic pathway
5.	Puviani et al. [21]	Highest efficacy of mitochondrial protection of the combination of minocycline, nicotinamide, cyclosporine A and the ability of this combination to almost completely abolish acantholysis in mice.	Intrinsic pathway

Lack of adequacy in the number of studies to ascertain the involvement of pathways in the Apoptolysis process using the proapoptotic factors of intrinsic and extrinsic pathway the uncertainty of the predominance of the extrinsic mechanism still persists. The herculean task involved in the estimation of the mitochondrial parameters coupled with cost effective nature of the procedure involved may be a reason for the same. Studies that helps to establish both the coexistence of intrinsic and extrinsic pathways of apoptolysis can be helpful in devising a targeted therapeutic approaches against the trigger of the apoptotic pathways involved in PV thereby decreasing the skin blistering and reducing the severity of the disease outcome.









Limitations of the Review

We acknowledge that the potential presence of publication bias might have occurred within this review. The number of articles reviewed is minimal. This is due to the limitation of studies available in apoptotic pathways involved in PV. Our search also included publications in the English literature only. No retracted articles were included. Further studies must be performed evaluating the outcome measures that could be useful in comparing extrinsic and intrinsic apoptotic pathways in the same platform in order to generate a more homogenous and unbiased group of data. This could aid in giving better systematic reviews in future in this field of study.

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