

The Use of Radiofrequency and Ultrasound for Face and Body Contouring

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Abstract

Body and Face contouring with expensive devices is becoming increasingly popular – in some cases even more popular than traditional liposuction. But these devices are also very expensive to purchase and maintain. There are several non-invasive body contouring modalities on the market and the list continues to grow making it increasingly difficult to make a well informed choice. The mechanism of action, protocols and effectiveness of high intensity focused ultrasound and radiofrequency will be compared and contrasted.



Medicine and Surgery and is recognized as an important leader in the Metropolitan Washington D.C./Northern Virginia areas as well as throughout the aesthetic and medical spa industries.

[16th World Conference on Cosmetic Dermatology and Aesthetic Medicine](#); Webinar –June 22-23, 2020.

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Biography:

Dima Ali, M.D. is an internationally recognized Aesthetic and Anti-Aging Medicine expert. Her areas of expertise include aesthetic laser surgery, minimally invasive face lifts, lipofilling, botox, soft tissue fillers, chemical peels, sclerotherapy, mesotherapy/lipo-dissolve and bio-identical hormone replacement therapy. Dr. Ali received her undergraduate degree at Southern Methodist University in Dallas, TX. After receiving her Doctorate of Medicine and completing a general residency training and Board Certification at The George Washington University School of Medicine, Dr. Ali devoted all of her postgraduate work to her passion of Cosmetic Dermatology, Cutaneous Laser Surgery, Anti-Aging Medicine and cosmetic formulations.

Dr. Dima has trained extensively under world renowned experts including Dr. Zein Obagi and Dr. Pierre Fournier. Dr. Dima's lectures and hands-on courses at various national and international medical conferences have earned her world-wide recognition. She has taught cosmetic procedures with Dr. Fournier internationally to other physicians, including dermatologists, plastic surgeons, general surgeons and primary care doctors. She is committed to the advancement of Aesthetic